

# A Team of Sports Medicine Experts

Meet the team who takes care of the elite dancers of the Bodiography Contemporary Ballet company and community dancers of the Bodiography Center for movement.

Our team provides tailored treatment and care for all dancers of the Bodiography Center for Dance Movement. As leaders in the field, they are members of the Performing Arts Special Interest Group of the American Physical Therapy Association (APTA) and the National Athletic Trainers Association (NATA), and active members of the Dance/USA medical taskforce committee.



**Freddie Fu, MD**  
*Orthopaedic Surgeon*  
*David Silver Professor and Chairman,*  
*Department of Orthopaedic Surgery*

Freddie H. Fu, MD, is the David Silver Professor and chairman of the Department of Orthopaedic Surgery, University of Pittsburgh School of Medicine. Dr. Fu specializes in sports medicine and serves as head team physician for the University of Pittsburgh Athletic Department. Dr. Fu's major research interest lies in anatomic ACL reconstruction, clinical outcomes, and bioengineering of sports-related problems.



**MaCalus V. Hogan, MD**  
*Orthopaedic Surgeon*

MaCalus V. Hogan, MD, is the Vice Chairman of Education and Residency Program Director for the Department of Orthopaedic Surgery, University of Pittsburgh School of Medicine. He specializes in foot and ankle surgery with a focus on sports injuries. He is currently the director of the UPMC Foot and Ankle Injury Research [F.A.I.R.] Group and co-director of the Musculoskeletal Growth and Regeneration Lab.

Dr. Hogan completed his fellowship training at the Hospital for Special Surgery in New York, where he worked with the New York Ballet Company and American Ballet Theatre. Dr. Hogan currently serves as a consultant for the athletic departments at the University of Pittsburgh, Carnegie Mellon University, Robert Morris University, and Duquesne University. He also serves as the assistant team physician for Point Park University and the Conservatory of Performing Arts.



**Kelley A. Anderson, DO**  
*Primary Care Sports Medicine Physician*

Kelley A. Anderson, DO, is a board-certified primary care sports medicine physician and medical advisor for the UPMC Sports Medicine Concussion Program. Dr. Anderson graduated with a bachelor's degree in biochemistry from Allegheny College and received her medical degree from Lake Erie College of Osteopathic Medicine. She completed her family medicine residency, as well as her fellowship in sports medicine at UPMC.

Dr. Anderson is the team physician for Point Park University, Carnegie Mellon University, the Conservatory of Performing Arts as well as the Pittsburgh Ballet Theatre. She provides medical coverage for the annual Pittsburgh Wrestling Classic and is the medical director for the annual Pittsburgh, Susan G. Komen Race for the Cure. She also provides care for club gymnastics teams throughout the Pittsburgh area.



**Erica Coffey, PT, MS, SCS**  
*Director, UPMC CRS Sports Residency Program*  
*Senior Physical Therapist*

Erica is a physical therapist who has devoted much of her career to performing arts related injuries and rehabilitation. She attended the University of Massachusetts, where she was a member of the women's gymnastics team while completing her bachelor's degree in exercise science. She returned home to Pittsburgh and completed her advanced master's degree in physical therapy from the University of Pittsburgh.

Erica has been a physical therapist since 1998 and is a board-certified specialist in sports medicine physical therapy through the American Board of Physical Therapy Specialties.

Erica has provided on site physical therapy to the dancers of the Pittsburgh Ballet Theater since 2001. As a physical therapist, she has enjoyed traveling both nationally and internationally with the company providing care. She also treats dancers and non-dancers with a focus on knee, foot, and ankle injuries at the UPMC Rooney Sports Complex.



**Catherine Hagan Vargo, PT, DPT, OCS, SCS**  
*Senior Physical Therapist*

Catherine Hagan Vargo completed her bachelor degrees in biology and health sciences and her doctorate in physical therapy from Duquesne University. She is a board-certified specialist in orthopaedics and sports medicine by the American Board of Physical Therapy Specialties.

Catherine has an extensive personal history with dance having been a dancer herself in a wide variety of styles and techniques. Since 2007, she has worked closely with dancers at Pittsburgh Ballet Theater, Point Park University, and numerous community dance programs. She provides on-site care and show coverage for dancers. Catherine treats patients at the Oakland Outpatient physical therapy clinic in the Kaufmann Medical Building.

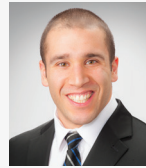
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**Brittany Wilcosky, MS, LAT, ATC**  
*Athletic Trainer*

Brittany received her bachelor's degree in athletic training from California University of Pennsylvania. As a student, she studied at Broadway Dance Center in New York City, Point Park University, CLO, and won many dance competitions and scholarships. Before joining the PBT in July 2017, Brittany served as an athletic trainer for Penn Hills High School. She also serves as a floating athletic trainer for UPMC and the Pittsburgh Steelers.

Brittany has a master's degree in exercise science and is also a certified EMT, personal trainer, group fitness instructor, and performance enhancement specialist.



**Jeff Lucchino, MS, RDN, CSSD**  
*Sports Dietitian*

Jeff Lucchino is a registered dietitian nutritionist and board-certified specialist in sports dietetics. Jeff specializes in sports dietetics, weight management, and disease prevention. He was a registered dietitian for over 10 years and currently supports various disciplines in sports medicine, as well as several collegiate athletic programs in the greater Pittsburgh area. Jeff graduated from IUP with a bachelor's degree in dietetics and completed his master's degree in health and rehabilitation sciences from the University of Pittsburgh. Jeff has worked with athletes at the professional and Olympic level. His research interests include nutrition and exercise to improve athletic performance and injury prevention.

## Sports Medicine for Dancers

Our dance experts offer a full spectrum of sports medicine services to prevent and treat injuries, improve performance, and keep dancers center stage. Along with early-seasons screenings, we also offer dancers:

- Assessments for posture, muscle imbalance, total strength, core strength, and neuromuscular firing pattern
- Core stabilization and strength training
- Custom treatment and rehab programs
- Evaluations of dance-related injuries and consult services
- Flexibility and cardiovascular training
- Functional movement assessments
- Nutrition Consultations

## UPMC Rooney Sports Complex

3200 South Water Street  
Pittsburgh, PA 15203

## Two World-Class Sports Medicine Facilities

The UPMC Rooney Sports Complex and UPMC Lemieux Sports Complex bring together world-class sports medicine and elite professional sports. Our experts treat, train, and inspire athletes in every sport, at every level. Comprehensive services include:

- Athletic Training
- Concussion Services
- Imaging and Diagnostic Services
- Physical Therapy
- Physician Services
- Sports Nutrition
- Sports Performance

## UPMC Lemieux Sports Complex

8000 Cranberry Springs Drive  
Cranberry Township, PA 16066

Our physicians, physical therapists, and other experts also see patients at a number of additional convenient locations. For more information about services, locations, or to schedule an appointment, call **1-855-93-SPORT (77678)**, or visit **UPMCSportsMedicine.com**.